



## Inclusive Care Courses for Caregivers and Health Care Professionals



Created exclusively for direct care workers who interact with the elderly and disabled populations, LifeBound's Inclusive Care Course helps caregivers and CNAs improve their skills while also learning how to better support themselves and each other to avoid burnout.

We offer a 3-day online asynchronous/instructor-led course with mentor management to guide you through course completion, career exploration & attainment. Our courses are specific state sponsored opportunities. To set up a program in your state, [please contact April Rice at aprilrice@lifebound.com](mailto:aprilrice@lifebound.com) or 303-327-5688.

Learn more at [calgrows.org](http://calgrows.org)



"This class should be a requirement for caregivers."

## LifeBound Inclusive Care training for caregivers and CNAs launches with rave reviews!

(For May 2023 - Nov 2024 Classes)

"We sent several people to the class, and they all said it was very good. The most mentioned benefit was the therapeutic value of sharing stories/struggles with other caregivers."  
Owner of a Home Care Staffing Agency

"I will take everything I have learned and apply it to not only my work life, but also my personal life."

"Dr. Davis is amazing. She is patient and knowledgeable. The way she presents is very positive."



Very Satisfied  
Satisfied



Exceeded Expectations  
Met Expectations



100%  
Participants would recommend the course

This opportunity is made possible by:





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Learn more at [lifebound.com/healthcare](https://lifebound.com/healthcare)

### What People in CA are Saying About LifeBound Healthcare Professional Development Training

"I learned so much in a such a little amount of time. I would recommend LifeBound because the courses help provide a better understanding of the issues we face in our jobs today."

"Definitely a 10!!!  
The coaches are such great listeners, knowledgeable, kind teachers—and fun! Thank you!"

"Thank you!  
I REALLY enjoyed the course, April and Kyra did a great job. It was a lot of fun, it made learning easy and it was nice to connect with other people going through the same thing. I also enjoyed the teaching style, it was very laid back and didn't feel like a traditional class which made it easy to stay engaged and retain the information."

"Very helpful!  
I would recommend 100%!"

"On a scale of 1-5, I'd give the class an 8!  
It was great!"

"Completely worthwhile.  
Valuable tools for caregivers and for life skills."

"I am going to refer this class to all of the other caregivers at the Residential Care Facility for the Elderly."

"This training was quite engaging. Very educational and insightful. I appreciate the coaches and everyone who shared their thoughts/stories."



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